

RECOVERY PRICE LIST

RECOVERY MEMBERSHIPS

ELITE MEMBER ADD ON - 2 HOURS PER WEEK
PLATINUM - 3 HOURS PER WEEK
GOLD - 2 HOURS PER WEEK
SILVER - 1 HOUR PER WEEK

\$15/WEEK - ADD ON
\$45/WEEK
\$35/WEEK
\$25/WEEK

SAUNA

30 MINUTE SESSION - 1 PERSON
30 MINUTE SESSION - 2 PERSON
30 MINUTE SESSION - 3 PERSON
30 MINUTE SESSION - 4 PERSON
5 X 30 MINUTE SESSIONS
60 MINUTE SESSION - 1 PERSON
60 MINUTE SESSION - 2 PERSON
60 MINUTE SESSION - 3 PERSON
60 MINUTE SESSION - 4 PERSON
5 X 60 MINUTE SESSIONS

\$30
\$40
\$50
\$60
\$140
\$60
\$70
\$80
\$90
\$275

COMPRESSION

30 MINUTE SESSION
60 MINUTE SESSION
5 X 30-MINUTE SESSION
5 X 60-MINUTE SESSION

\$20
\$30
\$95
\$140

ICE BATH

30 MINUTE SINGLE PASS
5 X 30 MINUTE PASSES

\$20
\$95

T&C'S APPLY FOR ALL GROUP BOOKINGS